



EAST MONTPELIER Signpost



Volume XXIV—Number Three

May/June 2014

The Roads to Home: Kari Bradley & Gabriella Malina



TERRY J ALLEN

Jacob Bradley, Simon Bradley, Gabrielle Malina, Ella Bradley, Kari Bradley

by Susan (Charlie) Catlin

You might need to sit down and get out a map to follow the roads that brought Kari Bradley and Gabriella Malina to their current life situations. They have packed so much into their lives, it's exhausting just trying to keep track of it all. They've lived in a lot of places and tried a lot of careers. Our community is lucky to have them here.

Kari graduated from U-32 in 1986. He has great memories of his years at both Calais Elementary School and U-32. He fondly remembers his friends and two special teachers, Joanne Greenberg and Barry Kopecky. In high school, Kari participated in a wide range of activities including band, sports, and journal-

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TERRY J ALLEN

Eben Bodach-Turner: East Montpelier Bow-maker

by Rebecca Strader

Bow: 1) A curved piece of wood holding a string taut enough to propel an arrow; 2) whirl a piece of wood fast enough to start a fire or power a drill; 3) to make sonorous tones on a stringed instrument.

The final definition is the specialty of East Montpelier resident Eben Bodach-Turner, who makes one-of-a-kind bows for violins, violas, cellos, and basses. He uses tropical woods, mammoth ivory (a legal substitute for elephant ivory), abalone shells, and sterling silver, and the skills of woodworking, lapidary, and jewelry making. He buys strong horsehair from the cold climates of Siberia and Mongolia.

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Printed by L. Brown and Sons Printing,
476-3164



Top of the Signpost

Thanks!



The Signpost volunteers

On behalf of the staff of the *Signpost*, I offer our gratitude to the voters of East Montpelier who approved funding to enable the continued delivery of our local newspaper to all residents and property owners. The positive vote affirmed what our readers tell us often: that they value the *Signpost* and want to see it continue. As an all-volunteer staff that believes in the importance of keeping the community connected and informed, we are so glad.

For a long time—certainly before I moved here with my family 10 years ago—an important distinction has been made between town government and the *Signpost*. Local visionary and community organizer Jean Cate, I'm told, felt it was important to keep them separate so that the *Signpost* maintained an independent voice. We often discuss the organizing vision of Jean Cate and the beginnings of the *Signpost* at our meetings. We feel comfortable that the *Signpost* is not a line item in the town budget but is treated like other organizations that townspeople choose to fund separately.

This does bring up an interesting point: as one member of the *Signpost* staff reminded us, "Nothing is constant but change." The *Signpost* never expected to ask the town for funding because we never expected the long-beloved Rally Day and silent auction to end. But they have. We hear, also, that the future of Green Up Day is not as secure as it once was. What do these changes mean when we look at them together? Why are these staples of East Montpelier and Vermont community life drawing less interest? What will replace them?

It's true that people are busy, times change, and the economy has put stress on everything. It's also true that we hear unfailing support for not only the *Signpost* but for community engagement. The question I would like to pose, on behalf of all the people who have contributed so much to the community spirit of East Montpelier, is this: what would you like community life in East Montpelier to look like in the future? Please send your ideas to signpostbcp@hotmail.com.

We will compile the responses you give in a subsequent issue of the *Signpost*. Perhaps from these ideas will come the seeds of new ways that we can connect as a community and support one another as neighbors and friends. Times change and traditions change, but it seems to me the underlying values have not: community, connection, engagement, service, fun. I appreciate living in a place that supports these values and look forward to what the future holds here in East Montpelier.

—Michelle A.L. Singer is a member of the *Signpost*'s all-volunteer staff

Town Meeting Recap and More

Our annual Town and School Meetings looked pretty routine this year, with no contested races and no articles that seemed much out of the ordinary. Even so, outcomes are never guaranteed, and as always, issues of importance always provide a ground for thoughtful airing of different points of view.

The successful votes on East Montpelier's first charter and its new Conflict of Interest Ordinance will result in a slightly different governance structure with the goal of greater accountability. Norm Hill's name was not on the ballot, but he mounted a successful write-in campaign to become a planning commissioner.

One of the most basic of questions was discussed at some length: what should the future of these meetings be? What should be voted from the floor as opposed to by Australian ballot? The fact that there are no simple answers is reflected in the decision to have the school board form a committee to study ideas on how to make school budget voting possible for more people.

Also discussed at length was the future of our school—not the building itself which we see changing before our eyes—but with what goes on inside. Is it operating optimally and who does what and how does that contribute to our children's learning?

Our "routine" meetings brought up a number of important, complex, and interesting issues that are worthy of further exploration, and the Signpost hopes to do some of that follow-up in future issues.

For the moment, we can report on the factual certainties—those who will be contributing to the community in elected and appointed positions in the present and near future:

Those elected on Town Meeting Day are:

- Town and School Moderator: Michael Duane (new)
- Selectboard members: Casey Northrup and Steve Sparrow (reelected)
- Lister: Rob Chickering (reelected)
- Auditor: Cheri Staples (reelected)
- First Constable: Sandy Conti (reelected); Second Constable: Paul Haynes (reelected)
- Cemetery Commissioner: Gary Hudson (reelected)
- Planning Commissioners: Scott Hess & Gene Troia (reelected); Norm Hill (new, write in)
- EMES Board: Rubin Bennett, Priscilla Gilbert (reelected)
- U-32 Board: Emily Goyette (reelected)

Since Town Meeting, the Selectboard has appointed the following to carry out important functions in E. Montpelier:

- Animal Control Officer: Sandy Conti; Asst. ACO, Elliott Morse
- CVSWMD Representative: Ginny Callan, current representative



Local democracy at work.

ALEX BROWN

- Town Service Officer: Rachael Grossman, current officer
- Town Tree Warden: Paul Cate
- Emergency Management Co-coordinators: Bill George; Toby Talbot
- State Police Community Advisory Board: Carol Welch, current representative, Don Welch
- CVRPC Transportation Advisory Committee: Frank Pratt
- Four Corners Schoolhouse Association Representative: Carolyn Shapiro
- Recreation Board: Jan Aldrich, Priscilla Gilbert, Kathy Richardson, Kris Jensen
- Development Review Board: Kim Watson, Steve Kappel, Betsy Catlin
- Forest Committee: Mark Lane
- Planning Commissioner: Rob Halpert
- CVRPC representative: Tim Carver; alternate, Julie Potter

Paulie's Recipe: Walnut Maple Tapioca

Cook 15 minutes in double boiler 1 pint hot milk, 1/3 cup quick tapioca, 1/2 teaspoon salt, 1 cup maple syrup. Stir often. Add the well-beaten yolk of 1 egg. Add no sugar. Stir often for about 3 minutes. Cool slightly and add 1/2 cup chopped nut meats. Fold in egg white. Serve with whipped cream.

Esther Gallison – from the Community Cook Book of the North Montpelier Friendly Circle

• Paulie's comment: Warm the milk in a double boiler then soak the tapioca for about 10 minutes before adding the other items. Then cook as directed.

• Dave's comment: Yummy!

It's Elementary...Art

by Michelle A.L. Singer



Congratulations to the artists of East Montpelier Elementary School and their fearless leader, art teacher Heidemarie Holmes-Heiss. As many of you know, Heidemarie has been

teaching art at EMES and Calais for many years. Every year, she generously donates some of her Art Resource Association (ARA) display time at City Center in Montpelier to the work of her students and all the students in the Washington County Supervisory Union. This year was the tenth anniversary of the "It's Elementary...Art" show. Thirteen EMES students—Ella Karina Bradley, Katrina Irene Cheney, Naderson Louis Dayton, Jacob Ehret, Josh Ehret, Cyrus Lee Hansen, Joseph Martin Rob, William Alexander Rob, Oliver Jon Hansen, Maeve McFadden Hoffert, Garrett Alan Peace, Jaden West Singer, and Ruby Rachel Singer—were featured artists along with more than 40 other student artists.

At the April 10 opening of the show, at City Center in Montpelier, students, parents, teachers and guests celebrated the excellent work of our students. Thank you to the teachers who organize and make the show possible each year. East Montpelier is very lucky to have Heidemarie as a local artist, educator, and visionary. She is a gem in the school system, striving to create an environment where students can express their inner artist.

Additionally, four students each from EMES and Calais Elementary have work displayed at the East Montpelier Fire Station throughout the spring and summer. Come by the station to see the wonderful artwork of EMES fourth graders Lauren Towne, Melinda Jaime Laquerre, Maeve McFadden Hoffert, and Tegan O'Donnell and Calais third graders Annora Joan Sylvester, Ben Reed Winston, Emily Rea Gosselin, and Hannah Katherine Fair. •



From left: "Outdoors" by Garrett Alan Peace, "The Turtle," by Naderson Louis Dayton, "Little Penguin" by Cyrus Lee Hansen.

East Montpelier Fire District at Impasse

by Steve Gilman, chair, Prudential Committee
East Montpelier Fire District No. 1

Safe and clean drinking water is something many of us take for granted. More than 300 folks in the East Village area receive this important resource through the privately-owned Crystal Springs Water Company. Currently that system has several deficiencies documented by state of Vermont officials that need to be addressed, including the need for a long-term plan to vastly improve or develop a new water source. The owner has been taking steps to address some of these concerns.

Several years ago, the owner, who is nearing retirement age, approached customers of Crystal Springs through the Vermont Public Service Department to raise the idea of setting up an organization to take over ownership of the water system. A handful of customers volunteered their time and energy to investigate this idea and ultimately, the East Montpelier Fire District No. 1 was created. This is an autonomous municipal organization with the power to levy taxes on its members.

Over the past several years the Fire District has cleared many hurdles, and with guidance from state officials, finally is ready to negotiate a reasonable and sustainable purchase price of the water system, based on what is in the ground now and what is needed for immediate and longer term capital improvements. Unfortunately, the asking price is well above sustainable financial capabilities, and currently negotiations are stalled. We are hopeful we can make a financially responsible arrangement to buy the system, but cannot agree to a price that is well beyond the capabilities of its members.

One of the major milestones the fire district achieved was the approval of a \$9,700 loan to conduct an important and necessary feasibility study of the water system. This study gave us very valuable information. This loan must be repaid by members of the Fire District, regardless of whether the system is purchased or not. However, if negotiations are concluded successfully, the loan can be rolled into a purchase/construction loan to buy and operate the water system.

The Fire District will continue to meet regularly and post agendas at the Town Office, post office and Dudley's store, provided we have items to discuss. If we are not meeting, we will post this as well.

Pick It Up! Green Up Day: May 3

by Chris Racanelli, Coordinator

Begun in 1970 during Governor Deane C. Davis' tenure, Green Up Day made Vermont a model for civic involvement in the service of environmental cleanliness and beauty. Saturday, May 3, from 9 a.m. to 3 p.m., all of us can prove once again the importance of this 44-year-old tradition. It's a great opportunity to teach our kids about the vitality of community and an easy way to get them involved so they can see the difference their work makes in our town. Make Green Up Day a family affair; this very important yearly tradition starts with YOU!

Get a Green Up disposal bag from Dudley's Store or the East Montpelier Town Office...or bring your own bag/box. Take a few hours on your street or around your neighborhood to pick up any unsightly trash has been uncovered after this long winter.

Bring the trash to East Montpelier Elementary School (EMES) and we will either recycle or dispose of it. Remember, it must be street trash, not household trash. You can call Central

Vermont Solid Waste Management District Hazardous Waste Collection program at 229-9383 to dispose of household paint, cleaning products, fluorescent bulbs, pesticides, and other hazardous waste.

Please try to separate recyclables such as cans and bottles from the rest. If you come across items that are too large or heavy to transport, drag these, if possible, to a visible place on the side of the road for later pickup and inform Green Up Coordinator, Chris Racanelli of the location.

Let Chris know where you intend to work and also tell him areas needing attention. Chris can be reached at 802-225-6032 or jumpinracflash@gmail.com.

And the reward...After you drop off your trash, stop by the Art Classroom at EMES between 11 a.m. and 1 p.m. for a light, informal lunch courtesy the Jean Cate Community Fund. Call Norma Raymond at 223-6464 if you would like to bake cookies or brownies for the lunch.

The success of Green Up Day has always been dependent on citizen



Eat up on Green Up Day and help your community

TERRY J. ALLEN

volunteers picking up litter along our streets along with donations from private and public sources. Only a small portion of funding (14 percent) comes from the state. In recent years, Green Up Vermont, the non-profit responsible for coordinating efforts across our state, has lost significant corporate funding. This civic tradition, exclusive to Vermont, is at risk after 2015. Green Up Vermont is exploring alternatives and is optimistic it will be able to continue this annual event.

Green Up Day is a proud day all Vermonters can celebrate. Show your support on May 3: make time to go out and collect litter and bring it to EMES.



A great blue heron celebrates spring.

TERRY J. ALLEN

Town Offices

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Friday 9 AM–12 PM

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eastmonttct@comcast.net

Town Treasurer: Don Welch
eastmontr@comcast.net

Town/Zoning Administrator:
Bruce Johnson, eastmontadmin@comcast.net
Hours: Mon–Fri 9 AM–5 PM

Collector of Delinquent Taxes:
Karen Gramer, karengramer@comcast.net

Fire Permits: EMFD 225-6247

First Constable/Animal Control Officer:
Sandy Conti 479-3169

2nd Constable: Paul Haynes 223-1651

Listers: Rob Chickering, Putnam Clayton,
Ross Hazel 223-3313 x206,
eastmontlstr@comcast.net

Health Officer: Dave Grundy 476-4300

Service Officer: Rachael Grossman
223-3177

Selectboard

Seth Gardner, Chair
sethgardner@hotmail.com

Carl Etnier Steve Sparrow
Kimberly Swazey Casey Northrup

Planning Commission

Jean Vissering, Chair, 223-3262

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Richard Curtis, Chair
rcurtis841@comcast.net

U-32 Jr./Sr. High School

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Emily Goyette egoyette@u32.org

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Rubin Bennett, Chair
rbennett@thatitguy.com

Kimberly Kendall Priscilla Gilbert
Stephen Looke Flor Diaz-Smith

State Representative

Tony Klein, 793-6032
twk@tonyklein.com

Town Weathervane

Below are summaries of important issues at meetings. Complete minutes are available in the Town Office or online at the town and school websites.

MILESTONES

BIRTHS

- Renee Kpesse, daughter, born Jan 25, 2014 to Naomi White & Oliver Kpesse

DEATHS

- Rachel Guyette died Jan 3, 2014, spouse of Robert
- Martin Fitzgerald died Feb 8, 2014, spouse of Simone
- Douglas Nicholson died Mar 15, 2014, spouse of Corine
- Ann Stone died Mar 16, 2014, mother of Chip & Chris Stone
- Marion Meiggs died Mar 30, 2014

MARRIAGES

- Morris Holt & Lori Pinard, Jan 4, 2014
- Timothy French & Heather Luce, Feb 21, 2014

PROPERTY TRANSFERS

- Valarie Roberts to Valarie Roberts & Tyler Roberts, mobile home, Sandy Pines Tr Prk
- Estate of Celia Clark to Michael Clark, mobile home, Sandy Pines Tr Prk
- Michael Clark to Laurie Pecor, mobile home, Sandy Pines Tr Prk
- Bank of New York to Peter Wells, single family dwelling & 7 acres, VT14N
- Anna Molloy to Annette Searles, mobile home, Sandy Pines Tr Prk
- Putnam & Susan Clayton-Trustees to Richard & Brandy Clayton, single family dwelling & 7.6 acres, Wallbridge Rd

SELECTBOARD

January 20, 2014

Motions Passed:

- To sign the letter to a resident regarding the situation with her dogs

• To sign the agreement with Marshall & Swift for CAMA Cost Table Services

• To include the Conflict of Interest Ordinance as written in the warning for the 2014 Town Meeting

• To add the Town Charter as presented by the Charter Committee to the warning for the 2014 Town Meeting

• To approve Excess Weight Permit for Arnold Blair as presented and authorize the Town Administrator (TA) to sign the permit

• To authorize the TA to sign the close out agreement with the Snelling Center for website development services

January 27, 2014

Motions Passed:

• To include the budget as presented on the 2014 Town Meeting Warning

• To accept the town Articles of Warning for Annual Town Meeting as presented

• To authorize to sign excess weight permits through March 31, 2014 for Catamount Forest Products, LLC and Daniel Brick

February 3, 2014

Motions Passed:

• To authorize TA to sign the contract with the local project manager, Community Development (Village Sidewalk Project)

• To authorize the chair to sign the U-32 rental agreement and U-32 waiver

• To approve the Highway Mileage Certificate for year ending 2/10/2014

• To include suggestion on the questionnaire that the town invest in solar electricity

February 17, 2014

Public Hearing on Class 4 Road Reclassifications

• Discussed reclassification of Johnson Road; no action

taken at this time; an absent neighbor would like to be present

Motions Passed:

• To authorize the TA to write up the decision to reclassify Foster Road as a legal trail

• To discontinue Town Highway (TH) #9 to the Barstow House effective 7/1/2014

• To discontinue TH #10 to the Johnson House effective 7/1/2014

Regular Select Board Meeting

Motions Passed:

• To approve permit #14-004 as access for Edward & Gladys Cote contingent on Design Review Board approval of the subdivision

• To approve Van Den Berg permit #14-006 with the current access removed

• To authorize the chair to sign the letter of support for the CVTA Winooski Bridge Project

• To authorize the TA to sign the excess weight permits for Newport Sand & Gravel, McCullough Crushing, Inc., and Agri-Mark , Inc. dba Cabot Creamery

February 27, 2014 Special Meeting

Motion Passed:

• To authorize the investment of the remainder of the conservation fund in a CD on such terms as Town Treasurer, Don Welch deems appropriate

PLANNING COMMISSION

January 16, 2014

Discussion items:

- Proposed charter which would create a 1 year term for ZA – with Charter Comm Rep Richard Brock
- Zoning Revisions: conservation overlay; table

2.6(B) flood hazard regs; wetlands; water supply protection area

February 6, 2014

- Heard presentation on the development of Fluvial Erosion Hazard Bylaws (funded by 2014 Municipal Planning Grant)
- Continued discussion of zoning reg revisions: Table 2.6 (flood hazards)

February 20, 2014

Discussion on zoning regs revisions

- Replacement of Table 2.6; flood hazards
- Conservation Overlay District (A): accepted as written
- Conservation Overlay District (B): rivers, streams, floodplains & fluvial erosion hazard areas
- Conservation Overlay District (C): wetlands
- Conservation Overlay District (D): water supplies
- Conservation Overlay District (E): high elevation areas
- BIG AND HEARTFELT THANK YOU to RICK HOPKINS for all his years of service on the PC and for being an excellent Chair. The PC also thanks TOM PIERCE for his years of service.

March 6, 2014

- The PC welcomed their new member, Norman Hill
- Discussion of revisions to Zoning Regulations

DEVELOPMENT REVIEW BOARD

January 7, 2014

Motion Approved: Conditional Use Application #13-043, submitted by Executive Director Rita Copeland on behalf of Twin Valley Seniors, Inc. approved as presented

EAST MONTPELIER ELEMENTARY SCHOOL

January 13, 2014

Discussion items:

- Early Retirement for paraeducators
- Construction Update
- Future regular meeting times

Motions Passed

- To approve the 2014-2015 budget in the amount of \$4,119,588
- To approve the Town Meeting Warning
- To enter executive session to discuss personnel issues: no action taken upon coming out

January 31, 2014 – Special Meeting

Members worked on the SB presentation for Town Meeting

February 17, 2014

Discussion items:

- Communications with U-32 board

- Construction update
- First reading of Hazing Policy
- Australian ballot measure

Motions passed:

- To approve financial report
- To set the tuition rate for EMES at \$16,480 for fiscal year 2015
- To apply net investment arbitrage to pay down the principal of the bond, after construction is completed, but prior to December 2014.

March 17, 2014

Discussion items:

- State funding for education and school district consolidation ideas with Rep. Tony Klein
- Motions passed:
 - To reorganize the boards as follows: Rubin Bennet, chair; Stephen Looke as rep and Flor Diaz Smith as alternate rep to the WCSU Executive Board; Stephen Looke, Flor Diaz Smith, Priscilla Gilbert, voting members on the full WCSU Board
 - To hold regular board meetings on the 3rd Monday of the month at 5:30 p.m.

U-32

January 22, 2014

Discussion items:

- Policy G11: Acceptable Use of Electronic Resources & the Internet

Motions Passed

- To table the second reading of Policy A1: Policies & Procedures
- To set the tuition rate for the 2014-2015 school year, as calculated by Lori Bibeau, at \$15,379
- To approve the resignation of Diane "Dee" Parrott as custodian
- To approve the appointment of Reina Orellana as custodian
- To enter executive session for the purpose of discussing a personnel matter
- To accept the administration's recommendation regarding the leave of absence request

February 19, 2014

Discussion items:

- Draft of policy G11: Acceptable Use of Electronic Resources and the Internet
- Draft of policy A1: Policies & Procedures

March 5, 2014

Motions Passed:

- To reorganize the board as follows: Adrienne Magida, chair; Conrad Smith, vice-chair; Katie Winkeljohn, clerk

- To set the first and 3rd Wednesdays of the month at 6 p.m. as the regular meeting time
- To establish the *Times Argus* as the newspaper for official posting, in addition, to U-32 and all the WCSU elementary schools and town offices as official posting places (In addition unofficial notices will be posted on each town's Front Porch Forum)
- To elect Conrad Smith as representative and Kari Bradley as alternate to the WCSU Executive Committee
- To elect Adrienne Magida, Kari Bradley and Conrad Smith as the 3 voting members to the WCSU full board
- To appoint the following to WCSU committees: Negotiations—Jonathan Goddard; Policy—Katie Winkeljohn; Transportation—Mike Law
- To appoint Erik Bennett, U-32 dean of students truant officer
- To appoint Emily Goyette as representative to the Barre Technical Center Regional Advisory Board
- To appoint the following U-32 board committee members: Finance—Emily Goyette, chair; Conrad Smith, Kari Bradley; Policy—Jonathan Goddard, chair; Katie Winkeljohn, Conrad Smith; Facilities & Capital Budget—Mike Law, chair; Emily Goyette; School Quality—Kari Bradley chair; Adrienne Magida

- To eliminate the Personnel Committee
- To appoint Eric Weiss, academic coordinator, math white table.
- To accept the administrators' recommendation on the student hearing that took place earlier

**Thank You
Signpost
Supporters**

Robert & Carolyn Brown

Earle & Louise Ellingwood

Lois Webster

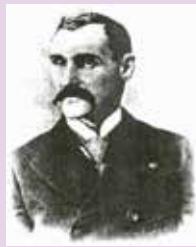
Joyce Bean

Richard & Betsy Barstow

History at the Morse Farm June 14-15

Take the opportunity to participate in living history with the Vermont Civil War Hemlocks, Vermont's Civil War reenactment group. Join them in their encampment, sample hardtack and see their period-correct uniforms and equipment. They will bring their muzzle-loading artillery, and someone will win a chance to pull the lanyard to make one of them fire.

Elliott Morse will narrate the story of William Wallace Noyes who was awarded the Medal of Honor for his action in the battle of Spotsylvania, Virginia, in 1864. He is buried in the Cutler Cemetery, about a half-mile south of the Morse Farm. For more information on William Noyes and the battle visit www.eastmontpelierhistoricalsociety.org. Elliott will arrange trips to the Cutler Cemetery and point out the graves of the many other men from East Montpelier who fought in the Civil War.



The historical societies of East Montpelier and Calais will mount displays. In addition there will be booths of craftspeople featuring hand-made baskets and woodcarving, herbal soap, skin care products, buckwheat pillows, blacksmithing, leather crafts, hardwood toys and games, artisan pickles, jams, hand-made clay jewelry, and many others.

A representative of the American Society of Dowsers will be there to demonstrate that skill.

In all, this will be a fun-filled weekend and a chance to experience our historical heritage. Saturday and Sunday, June 14 and 15, 10 a.m. – 6:00 p.m., rain or shine at the Morse Farm Maple Sugarworks on the County Road. Admission is by donation. Need more information? Contact Mike Tierney, 10 Pinewood Road, Montpelier, VT 05602 or Olgeezer@comcast.net. Visit Mike's website at www.dawnlandpromotions.com.

Bradley-Malina, continued from page 1

ism. In addition, he worked 20 hours a week to earn his spending money. Kari definitely feels that time of his life was "... a great time to try out things." In hindsight, what was most influential to his future employment was the time he spent working for Ginny Callan at the original Horn of the Moon restaurant.

From Vermont, Kari's first road took him halfway across the country to the University of Chicago. Enter his future wife and fellow traveler, Gabriella Malina. Trips to Guatemala, Belize and Peru opened their eyes to other nationalities and the different cultures that make up the world. Somehow they also made time to cook at a yoga retreat center in a designated wilderness area near Helena, Montana, called the Feathered Pipe Ranch. They cooked for seasonal yoga clients, leaving the winter for traveling, hiking and backpacking. Kari attended the University of Montana to study forestry and soil science, and Gabriella continued at the Feathered Pipe Ranch. Eventually they started the Real Food Store in Helena.

When their son, Simon, was born in 1998, they bought a fixer-upper house in Helena. In the end, the fixing up included every single part of the house. By hook or by crook they found people to help them and were grateful to find people who were willing to accept the "friend and family" rate for their services. They marvel now at the fact that they took down an entire house without a dumpster! They wound up with three children in that house; Jacob joined Simon in 2001 and Ella in 2004.

Kari and Gabriella's Real Food Store in Montana was a prosperous business, but their success did not change the fact that they were both from the East and far from home. Although they had a totally remodeled house and supported themselves with their natural food store, they came to a curve in the road. At a food trade show in Anaheim, California, it was serendipitous that Kari ran into Peter Bachman, who was an early founder of Montpelier's Hunger Mountain Coop. Peter convinced Kari and

Gabriella to come to Montpelier and be a part of our area's fledgling coop. The couple had never lost their love for their friends and family in the East and unique events like Bread and Puppet Theater. So they took the curve in the road and moved back to Vermont where Kari became the general manager of the Coop, and family was closer.

They now live about three miles from Kari's parents. Kari's mom and daughter, Ella, enjoy visiting and sewing together. When Gabriella's mother became ill, she could frequently take her children to New York City to help care for her and visit with other family.

Kari's work at Hunger Mountain has a wide scope. He collaborates with other nonprofits, participates in a program called Farm to Plate which supports local food growers, and he is on the board of the National Food Coop Association. Kari and Gabriella still attend natural food expos. Kari believes the concept of member owners increases quality and cooperation.

Currently, Gabriella works for the Legislative Counsel as a committee assistant. She loves the fast pace of the work she does with lawyers and legislators. Staying nonpartisan and keeping the legislative process moving has helped her be really good at her job. According to Gabriella, "There are smart, respectful, committed people there, and they work together trying to solve important problems."

Gardening is a shared passion. When not working or in school, the family enjoys cooking, biking, reading, music, swimming and hiking. Gabriella and Kari still want to do a lot of traveling. But, as Kari expressed, Vermont is such a wonderful place to live and raise children, it's hard for them to tear themselves away.

We're glad their paths led them here where Kari and Gabriella are making a significant, healthy contribution to our community.

-Charlie Catlin is a Signpost volunteer who lives on Minister Road with her husband Mark

What does East Montpelier Need?

The East Montpelier Capital Improvement Committee is looking for your ideas. The committee was created by the Planning Commission to identify projects that the town may need to fund in the next 5-10 years. Since the fire station project was completed, quickly followed by the school renovation, the question "What's next?" has been asked by many. This committee is attempting to answer that question, and plan for the necessary funding ahead of time.

A capital project is defined as a long-lasting item costing more than \$5,000. It could be a repair or upgrade to a town-owned piece of property (such as EMES) or a purchase of a new piece of town property or equipment (like a grader). It could include roads, bridges, culverts, buildings, land, vehicles, or equipment. A form for suggesting a capital improvement, as well as the minutes of our meetings



Contracting a new cafeteria at EMES

TERRY J. ALLEN

and more information about the committee, can be found on the town website - <http://eastmontpeliervt.org/boards-commission/capital-improvement-committee/>

Bodach-Turner, continued from page 1

Eben grew up in Middlesex, attending U-32 High School, where he played trumpet and electric bass, and explored music history and ethnomusicology. He also learned to play string bass in the Vermont Youth Orchestra. Later, he attended Ithaca College's music program, majoring in recording. It was there that he met his wife, Lana.

In high school Eben began working at Vermont Violins, beginning with sweeping the floor and cleaning instruments to be rented. He eventually graduated to making repairs on instruments. He also worked with Paul Perley, an accomplished local luthier (repairer/maker of stringed instruments). It was to Vermont Violins that he returned after college.

But it was during college summers that he discovered the Violin Craftsman Workshops held at the University of New Hampshire, Durham. He learned from Lynn Hannings about bow-making, re-hairing and repairing. That became his vocation, whether working on bows nights and weekends, or, eventually, setting out on his own to build a business as a fine bow-maker. Through word of mouth and networking at conventions and through colleagues and classmates, he has begun to build his reputation. He does some re-hairing and repairing bows, and builds six to ten bows a year, often for particular musicians. His website is www.bodach-turnerbows.com.

A usual day would find Eben seeing Lana and their two children off to the Montessori School in Montpelier, where Lana is an administrator. He is then left alone with his coffee, his dog, Shasta, and two curious cats, Brewster and Lily. His Morse Road workshop is uncrowded, with two workbenches—one for planning the bows with hand tools, creating beautiful wood shavings that can be used for dyeing—and a "clean bench" for the fine work of assembling and stringing the bows. The only electric tool in sight is a soldering iron, for the metalwork in the frog end (where it's held) of the bows. Eben uses a bow-drill to make the

holes needed for hardware and to begin the chiseling of small areas of the bow ends.

A toolbox used by his great-grandfather holds chisels and knives—some of which he makes for himself. A cabinet contains solvents and glues, and a hand-made stand holds files for smoothing the wood. A glass-front bookcase displays books on bow-making and its history which show the evolution of the various schools of bow-making. A portrait of Eben's historical-professional forebear, 18th and 19th century French bow-maker Francois Xavier Tourte, completes the simple room, except for some of his children's artwork.

In the summers, Eben travels to Oberlin College for a unique 15-person conclave sponsored by the Violin Society of America. Craftspeople show up with their own projects and toolboxes, and together make two bows, learning from each other and learning to compromise.

Eben knows well the benefits of experience—doing the best he can with each bow, learning to fix mistakes and not to repeat them. He has learned to declare a bow "finished," and then he sets it free to be a part of the world of musicians and instruments.

The special tropical woods that bow-makers use, pernambuco from the East Coast of Brazil and ebony, are very difficult to come by with the decimation of rain forests. Eben has been active in organizations that protect and replant these resources and has learned a great deal about international trade and tariffs.

He also teaches a few bass students, and plays in the Vermont Philharmonic Orchestra, the Montpelier Chamber Orchestra, and other occasional engagements. Eben uses another flexible stick—a fly-fishing rod—as a way to enjoy the outdoors. So far, he has resisted the invitation to make fly rods.

—Rebecca (Becky) Strader has lived in Northwood Drive apartments for seven years. She is part-time pastor at the First Presbyterian Church in Graniteville and toils at other jobs to support her calling. She sings with the Onion River Chorus, knits, and gardens.

Watch for Lyme Disease

Risk is highest from April to October.

Lyme disease is caused by infection with the bacterium *Borrelia burgdorferi*. In the eastern United States, Lyme disease is transmitted by the black-legged tick, *Ixodes scapularis*, commonly known as

the deer tick. Some of the common symptoms of Lyme disease include skin rash, swollen joints and flu-like symptoms such as fatigue, fever, sweats, chills and headache. Lyme disease can also affect the heart and nervous system. Although patients with Lyme disease can be completely cured by antibiotics, the goal is to prevent infection by preventing tick bites.

Lyme disease was first recognized in the U.S. in 1975 when it was implicated in a mysterious cluster of juvenile arthritis cases in Lyme, CT. Since then, it has become the most commonly reported vector-borne disease in the U.S., with prevalence rates highest in New England and the Upper Midwest.

For many years, a small number of cases of Lyme disease were reported to Vermont Department of Health annually.

The number of confirmed and probable human cases reported climbed from 105 cases in 2006 to 623 cases in 2011. However, in 2012 the number of confirmed and probable human cases slightly decreased to 522 cases.

- For more information: Lyme Disease FAQ: http://healthvermont.gov/prevent/lyme/documents/Lyme_disease_faq.pdf
- Deer Tick Fact Sheet: http://www.healthvermont.gov/prevent/zoonotic/tickborne/documents/deer_tick_faq.pdf
- Be Tick Smart brochure from the VT Department of Health: http://healthvermont.gov/prevent/lyme/documents/ticks_are_out_booklet.pdf

—Thanks to EMES nurse Elizabeth Wirth,
who assembled this information

Twin Valley Senior Center

Thanks East Montpelier Taxpayers

by Elizabeth Bolt

Twin Valley Senior Center wants to say thank you to the taxpayers of the towns we serve for approving our appropriation requests and also for the help of many of you in supporting our many fundraising functions throughout the year. We operate TVSC on a very small budget with just 1.5 paid employees and many dedicated volunteers. We provide opportunities for seniors that larger centers offer, but without the paid staff. That is what you call dedication. Our contract with the Central Vermont Council on Aging is to provide help to seniors in Marshfield, Plainfield, Calais, Cabot, Woodbury and East Montpelier. Our work, along with other agencies, helps seniors remain in their own homes and communities.

Our upcoming move to Blueberry Hill on Route 2 in East Montpelier is prompted by a rising need for centralized services to serve those that attend the Center as well as those who are homebound. Meals are home-cooked for the Center participants as well as the homebound Meals on Wheels recipients, who also benefit from contact with our caring home delivery volunteers. We strive to use as much local food in our meals as we can and appreciate the support and donations we receive from local farms and businesses.

We provide free door-to-door transportation to the Center; there are no monthly dues; several free exercise programs (bone builders plus tai chi); plus much more. Once our relocation is complete, I hope you will stop by at 4583 US Route 2, East Montpelier, and check us out. You will find a very friendly and home-like atmosphere with plenty of free parking.



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info@cvhumane.com
www.cvhumane.com

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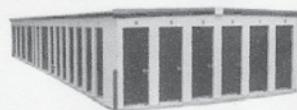
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Good
sports at
EMES

NOTICES & IMPORTANT DATES

CALENDAR

Sat. May 3, 9:00 a.m.-3:00 p.m. Green Up Day, EMES parking lot, 11 a.m.-1 p.m. lunch for volunteers

Sat.-Sun. June 14-15 : 10:00 a.m.-6:00 p.m. Vermont History Weekend, Morse Farm Maple Sugarworks, County Road, East Montpelier

Sat. May 3, 8:30 a.m. – 12:30 p.m. Sweet 'N Savory All-You-Can-Eat Pie Breakfast, Christ Episcopal Church, Main St. Montpelier

June 1: Deadline for the July/August Signpost. Send to Barbara Ploof: 223-6934, signpostbcp@hotmail.com Don't forget to submit your calendar items for the next issue!

May Property Tax Installment

Property taxes must be received in the Town Treasurer's office by 5:00 pm on Thurs. May 15, 2014

A drop-off mail slot has been installed at the Town Office back door for receipt of tax payments

Postmarked payments dated on or before the due date but received after the due date will be considered late and will be subject to 8% penalty

Direct Debit now a payment option—contact Treasurer Don Welch. If you need to know the amount due, please call the Town Office

If you have already remitted payment, thank you.

Office hours Monday-Thursday 9:00-5:00, Friday 9:00-12:00

COMMITTEE MEETINGS

Conservation Fund Advisory Committee	as needed	7:30 p.m.	Town Office Building
Development Review Board (DRB)	1st Tues	7:00 p.m.	Town Office Building
East Montpelier Elementary School (EMES) Board	3rd Mon	5:30 p.m.	Elementary School
East Montpelier Fire Department (EMFD)	Every Tues	7:00 p.m.	EMFD Community Room
East Montpelier Fire District No. 1	2nd Wed	7:00 p.m.	EMFD Community Room
East Montpelier Historical Society	3rd Tues	7:00/6:00 p.m.	Four Corners Schoolhouse/E. Calais
East Montpelier Sr. Living Initiative	2nd & 4th Tues	6:30 p.m.	Town Office Bldg
Four Corners Schoolhouse Association	2nd Wed	7:00 p.m.	Four Corners Schoolhouse
EMES Parent Teacher Neighbor Org. (PTNO)	2nd Wed	6:30 p.m.	Elementary School, Art Room
Planning Commission (PC)	1st & 3rd Thurs	7:00 p.m.	Town Office Building
Recreation Board	2nd Mon	7:15 p.m.	Elementary School
Selectboard	1st & 3rd Mon	6:30 p.m.	Town Office Building
U-32 School Board	1st & 3rd Wed	6:00 p.m.	U-32 School