

EAST MONTPELIER SIGNPOST

Volume XI, No. 1

September/October 2000

RALLY DAY 2000

SEPTEMBER 9, 2000



Are you the type of person that needs a personal invitation to East Montpelier's community celebration, Rally Day? If so, the Rally Day Committee invites you to join us on Saturday, September 9th, to meet your neighbors and friends for a day full of fun, food and surprises. Rally Day is a time to appreciate the precious resources we have in our small town: great people and beautiful land.

Every year we feature new activities and continue popular events throughout the day. Some of our activities require effort on your part before Rally Day. Are you a crafter, artist, farmer or gardener? Do you want to sell your wares at Rally Day? Last year there were vegetables galore, honey, crabapple jelly, Thistle Hill Pottery seconds, hand crafted items and more. To join the Craft Show and Farmer's Market just call Jennifer Boyer at 223-8926. Rental space is \$10 and for kids it's only \$5. We know that East Montpelier kids are very talented, and we'd love to have them sell their creations at Rally Day.

Another activity that requires advance preparation is the Photo Contest that is open to all ages. The categories include: East Montpelier Close-ups; Scenics; Friends, Family and Neighbors; Pets; and new this year, Gardens and My Favorite East Montpelier Place. We're looking forward to seeing your "favorite place"! Bring your entries to the gymnasium between 8:30 am

and 10:00 am. First place finishers are determined by popular choice, so be sure to vote for your favorites during the day.

We'll have another home-grown parade starting at the Four Corners School House and ending at the Elementary School. Hobie Guion is always looking for more floats and marchers for the parade. Wouldn't it be great to have neighborhood entries from every corner of East Montpelier? The Horn of the Moon Group, Brazier Road Friends, Center Road Colleagues, the East Montpelier Village People, the Clark Road Cloggers, etc. The possibilities are endless. Call Hobie at 223-1808 and tell him you want to join the parade!

Back by popular demand this year is the Kids' Vegetable Decorating Contest. We know that some people were very disappointed that we dropped this from the list of activities last year. But this year it's back, bigger and better! Bring your

funny, unusual and creative veggies to the gym between 8:30 and 10:00am. We've recruited Becky Crandell to organize this fun kids-only event and we know she'll do a great job!

We'll have the usual physical events like the Rural-Races, Bike Tour at 8:00 am, Family Soccer at 2:00 pm, Hoop-Shoot at 10:00 am and a mushroom walk at 3:30 pm. The Races are starting 30 minutes earlier this year. Registration for the kids one-k race (ages 5-12) is at 8:00 am and runs at 8:30 am. Registration for five-k adult race (ages 13 and over) is at 8:30 am and runs at 9:00 am. Call Mark and Sue Stephen at 223-6256 for race particulars.

We'll have the chance to meet one of our new neighbors, David Houghton, of Center Road. Maybe you've noticed his farm animals, pigs, sheep and cattle. They are very old breeds that are strong and are fed organically. To learn more about these animals join David at 2:30 at his farm.

The *Signpost* Auction needs your participation in frequent and high bidding. The auction items and services are donated by our neighbors for our wonderful newspaper. If you'd like to donate an item or service to the Auction, please call

Deborah Fillion at 229-1320, our new Auction Coordinator. PARENTS, please tell your children to bid ONLY with your permission.

The evening's entertainment will be a Family Dance with DJ Phil Barber from 7-9 pm at the Elementary School. Phil will play music that'll please each age group, but not necessarily at the same time! And the finale will be presented by North Star Fireworks, a generous gift from Dave and DeeDee Swenson.

There are many more activities planned for Rally Day for your enjoyment! Look for the Rally Day program in your tax bills.

How can anyone turn down an invitation to Rally Day?



Rachel Senechal, 223-0539

Top of the Signpost

When was the last time you heard these words, or maybe even said them yourself: "Don't you remember the old days when neighbors looked out for each other? They gave each other rides - visited when there was illness. And oftentimes they just dropped in to chat about town news and outright gossip. We miss that kind of neighboring."

Well, times have changed. Fewer people are at home all day. Schoolhouses are no longer right around the corner to provide community activities. We can mourn about what we've lost, but we can never go back. And like all change, there are some losses and some gains.

In this issue we will be looking at some of the neighborly services which are available to all of us and help replace the

informal neighboring of the past. Some of them are there to meet critical needs; others simply make living in the country safer and more pleasant. All of them are caring services which we should know about so we may call on them in time of need.

Of course each of them offers far more than we could include in our little story, but we hope it provides your first step to making these services your own. It may also help you understand better the support our town - and many others like it - gives these agencies each March at Town Meeting.

How much better our lives are because we have these services at our fingertips.

Jean Cate



NEIGHBORS HELPING NEIGHBORS



At times we all have questions on where we can find information and help: how can I help my grandmother who wants to stay in her home but cannot care for herself? I have a new baby and need information and suggestions; I am a single parent and need to find out where I can find childcare services; I am an elder who is lonely, I'd like to find some companionship; I have a doctor's appointment and no means of transportation.

We are very fortunate in East Montpelier to have a variety of services available to us. These services include some based in East Montpelier and others that cover the Central Vermont area. Services are provided for all ages, from birth to young adults and to seniors. We hope the following discussion will help you to be more aware of the services available to us.

Our story begins with a crisis. Addie Frail was walking into her kitchen when she tripped on the door sill and fell down. She heard something snap and was sure she had broken her leg. Now Addie may have been frail but she was still pretty smart. She was able to drag herself to her phone and dial 911. Within a short time, several volunteers from the **East Montpelier Fast Squad** were at her side tending to her while awaiting the ambulance to take her to the hospital.

While she was recuperating, Addie learned that the Fast Squad is part of the **East Montpelier Fire Department** and is comprised of members who have received special training in first aid. The best thing she learned is that they don't charge for their services but are supported, in part, by town funds.

Finally the day came when Addie could go home. But she wondered how she was going to get back for regular check-ups as her leg healed. One of the nurses told her about **CVTA Wheels** (Central Vermont



Transportation Authority). All she had to do was call 223-2882 a few days before her appointment, and a volunteer driver would pick her up at her home, take her to the appointment and return her home. She learned that CVTA provides this service to people in the central Vermont area who have no access to transportation and that the service is provided on a sliding scale based on ability to pay; most rides being free.

Before she left the hospital, the nurse also told Addie that she could get some needed medical care and advice from **Home Health and Hospice** at 223-1878. She learned

that Medicare and other insurance provides for Home Health nurses, aides or physical therapists coming to the home. The nurse would be in contact with the doctor and act as a liaison until Addie could travel again.

Addie found this service to be very helpful.

And as she was telling her neighbor who was having difficulty accessing health care, the neighbor said she had recently called the **People's Health and Wellness Clinic** in Barre at 479-1229, and she was going to be getting the health services she needed. The services provided are the same she would get at a primary care physician's office. They provide conventional/

medical care and complementary holistic care. Physicians, nurses, therapists, massage specialists, etc. volunteer their time. This was ideal, because the friend didn't have any health insurance, and she had recently been diagnosed with diabetes. The Clinic will screen her, monitor her blood sugar levels, help her in getting her medications and provide information about her diet. Addie felt good that her friend would be getting the health attention she needed.

As time went on, Addie's condition improved to the point she could attend the monthly meetings of the **Koffee Klatch** at the **Old Brick Church** in the village. She had missed seeing her



friends, especially Mildred, who was transported along with other residents from Lincoln House in Barre. It was good to be back with her friends, and the conversation quickly turned to the lives of friends and relatives.

"Did you hear about my daughter's work with **Project Graduation**?" asked Jennie. "She and a group of other parents of seniors from U-32 — Oh, did I tell you my grandson graduated this year? — Yep, he's working on the farm this summer and then he's off to UVM to study biotechnology. — Well, as I was saying, this group of parents planned an all night party for the graduates. They had music and food — you know — the two things teens like best — but no alcohol or drugs! They even made breakfast for them in the morning."

"Well, what a wonderful thing to do for our graduates," said Margaret. "That's a really good way to send them off safely."

"I've got a new job," said Jane. This surprised everyone because they all knew Jane had retired five years ago. "Yes," she said. "I signed up with **RSVP** (Retired Senior Volunteer Program) and they suggested I could use my skills reading to children at the hospital. The rest of you should try it," she said. "Why, they have really fun — and helpful — things that need doing at the non-profit organizations in our area. They might hook you up with the Cancer Society or a local school. All you have to do is call them at 828-4770. I'm having a ball — and I get to spend time with children again — just like when I was teaching first grade."

"Oh, I'd like to do that," said Betty, "but I have so many problems of my own, I just couldn't."

"Why don't you give **CVCOA** (Central Vermont Council on Aging) a call at 479-0531?" suggested Arlene. "Why, they have a meals on wheels program that brings a nutritious meal to your door five days a week, they have case managers who can help you with all kinds of problems from finding medical services to providing nutrition information. They even have a **Senior Companions Program** which sends someone out to just spend some time with you. And their **Neighbor to Neighbor** program through Americorps helps people in many ways to stay independent and remain living in their own homes. I bet they could help you with a lot of those problems you say you're having, Betty."

"Well, glory be!" said Betty. "I never realized anything like that was available around here."

"They really helped Gloria last year when she was so bad off. Just call them at 476-0531. They're real nice people," said Arlene.

"Can they pay my heat bill this winter?" joked Bill.

"No, they can't do that," chimed in Fred. "But you should call the folks at **CVCAC** (Central Vermont Community Action Council). They'll come out to your place and help you plug up the holes in the walls of that sieve you live in," he said laughing. "Seriously, Bill, they'll help you winterize your place so your oil bill won't be so high. They even help some folks with funds to pay their bills. Why don't you give them a call, Bill? Their number is 479-2093."

They all took the lull in the conversation to fill their cups.

"I wish this group met more often," said Archie. "It's so good to chat with all of you. And I've really learned a lot today."

"Well," said Nancy, "Why don't you come down to the **Twin Valley Seniors Group**? They meet every Monday, Wednesday and Friday from 10 to 1 for cards, games, conversation — and



they even serve lunch."

"Where do they meet?" asked Archie.

"Well, they usually meet at Goddard College but sometimes they're right here in the Old Brick Church. You give Marcie Morse a call at 454-8311 Ext. 352. She'll put your name on the mailing list and you'll get a schedule each month."

"I'll do it as soon as I get home," said Archie enthusiastically.

"Not to change the subject, but has anybody read any good books lately?" asked Darlene after a break in the conversation.

"You bet I did," said Veronica. "I got one from the Top Ten list at the **Kellogg-Hubbard Library** last week, and I couldn't put it down. They're in the middle of a big expansion, you know," she went on. "When it's finished, they'll have a lot more space, and the children's library will be up out of the basement. And," she enthused, "I hear they're even going to issue new cards with bar codes, no less!" They all laughed at that one.

"Well, I have some news on a more somber note," said Iris. "Did you hear about that youngster who was caught breaking into Phil's home last month? What a shame. He'll probably be sent off to jail."

"No," said Jake. "I heard he was offered the chance to go through the **Washington County Diversion Program**."

"What's that?" queried Agnes.

"Well, it's a program that offers first time offenders a one-time opportunity to take responsibility for their offenses by serving the community through volunteering and compensating the victims. They also get counseling that helps them realize how they have offended other people. It's a real saving of tax dollars because the offender doesn't go through the court system. One of our neighbor's kids went through it and it really straightened her out. She's doing much better now."

They all nodded in agreement that it sounded like a good thing for some people.

"I hope my grand kids don't ever need that service," said Pete. "You know little Jamie came home from school one day last month all excited about a program they'd seen that day. Apparently the **Onion River Arts Council** had sponsored a program of singers and dancers. Jon Gailmor sang songs that the kids helped make up. And there were dancers who showed ballet and square dance steps. Well, he was so excited about it, I called ORAC at 229-9508 and told them how much they had enjoyed it. They told me they also sponsor programs at the Barre Opera House and at First Nite as well as during the Independence Day Celebration."

Everybody felt good that the town helps support these arts programs for kids and adults.

"Well," said Tom, "Did you hear about my niece Tanya? She was really at a loss after her husband was killed in that car accident. You know he had always handled all the finances for the family and, after his death, she didn't know where to turn. His insurance would help, but she realized she needed to get a job. You know she never worked outside the home since they

(Continued on page 7)



MILESTONES

Births

- >Stella Rose Gardner, born March 23, 2000, daughter to Michelle Elise & Seth Bennett Gardner.
- >Dakota Grace Reed, born May 24, 2000, daughter to Amanda Sue & Lawrence Edward Reed Jr.

Marriages

- >Dana Arthur Poulin to Berry Ann Norton, married June 9.
- >Peter Richard Angelico to Kristine Lynn Smith, married June 10.
- >Christopher P. Raspe to Tina Louise Jewett, married June 24.
- >Charles William Johnson to Nona Deane Estrin, married July 1.
- >Joseph Edward Cross to Ceylan Vedia Onor, married July 15.
- >Correction: the marriage date for Charles Russell Crowther & Debra Anne Randall was given as March 18, 2000, in last month's issue. The actual date was June 10, 2000. We regret the error.

Civil Unions

- >Elyse Andrea Coleman Hubacker Gluck to Rita Rene Gluck, established July 17, 2000.

Land Transfers

- >Daniel C. Lord to Scott J. Sibley and Eric J. Sibley, 18.25 acres, Sodom Pond Rd.
- >Philip L. Sparrow & Roger G. Leland, Trustees of the Dorothy Sparrow Living Trust to Philip L. Sparrow, 10.11 acres, Sparrow Farm Rd.
- >Philip L. Sparrow & Roger B. Leland, trustees of the Dorothy Sparrow Living Trust to Lester J. Birnbaum and Allison K. Caldwell, 145 acres, Jacobs Rd.
- >Philip L. Sparrow and Roger B. Leland, trustees of the Dorothy Sparrow Living Trust to Lester J. Birnbaum and Allison K. Caldwell, 2 lots - 5.7 acres and 7 acres, Sparrow Farm Rd.
- >Paula S. Perry to Daniel P. Perry, one acre and mobile home, County Rd.
- >E. E. Packard Enterprises Inc. to High Bay of East Montpelier, L. L. P., 6.4 acres, Packard Industrial Park, US2.
- >Alan M. & Catherine Ann Huntley to Michael A. & Linda L. DeGeorge, Trustees of the Michael A. & Linda L. DeGeorge Family Living Revocable Trust, 14.3 acres and dwelling, Jacobs Rd.

- >Carl Jr. & Evelyn Hendrickson to Brian & Linda Lamberton, mobile home only, to be moved out of town, Kelton Rd.
- >Howard S. Fairbanks to Katherine M. Hull, mobile home, Sandy Pines Tr. Pk.
- >Paula S. Perry to Lawrence J. Perry, .27 acres and dwelling, County Rd.
- >Christopher Scott Davis to Harold A. Hayden Jr. and Amy Jakes Hayden, 10 acres, County Rd.
- >Thomas J. & Mary M. Drew to Joseph R. Buley Jr. and Lori A. Martin, 7.4 acres & dwelling, Dillon Rd.
- >Ronald P. & Ellen B. Ceppetelli to Benjamin W. & Harriet H. King, 15 acres & dwelling, County Rd.
- >Arnold I. Goldstein to Betty L. Bargfrede Fortin, mobile home, Sandy Pines Tr. Pk.

SELECTBOARD

*Edie Miller, Chair,
Tom Brazier, Tim Meehan
June 1, 2000*

- >Will allow new road to be developed off Brazier Road about 100 feet from entrance to Minister Brook Road.
- >Held hearing with the Agency of Transportation regarding issues of parking for VT14 and US2.
- >Discussed parking needs of Old Brick Church.
- >Discussed private vs. public parking. Requested AOT look at other options for park and ride possibility.
- >Voted to utilize McCullough for winter sand.
- >Voted to accept bid of Doug Grout for mowing roadsides.

June 15, 2000

- >Met with City of Montpelier officials regarding compost and air quality monitoring.
- >Selectboard will file an appeal of the May 21st Environmental Board decision.
- >Discussed the upgrading of Class 4 Johnson Road and the Porter subdivision development roads.

July 5, 2000

- >Held on-site meeting at Johnson Road.

- William Porter does not intend the development roads to be town roads. Deeds must describe maintenance and other responsibilities for each resident of the sub-division.
- >Voted to recertify Padgett property sewage system.
- >Will lock in a price for fuel oil.

PLANNING COMMISSION

*Carol Welch, Chair
May 18, 2000*

- >Approved sketch plan for Brazier 2-lot development.
- >Reviewed and discussed Porter subdivision.

June 1, 2000

- >Accepted final plat review for Brazier development.
- >Discussed status of Class 4 road at Porter subdivision.
- >Reviewed preliminary sketch plan for 1-lot subdivision off property on Morse Road by Joseph and Lucy Ferrada.

June 15, 2000

- >Voted to accept preliminary plat review of Porter subdivision on condition that septic be repositioned to protect spring #2 of Troia, turn-around enlarged to 50 ft. radius, and frontages added.
- >Approved sketch plan review of 1-lot subdivision of Joseph Cerasoli.

July 6, 2000

- >Approved final plat review of Porter subdivision with conditions.
- >Approved site plan for NE Telephone for telecommunications service facilities on property of Harry Jr. and Elizabeth Morse. Selectboard must approve position of proposed pole.
- >Approved telecommunication service facilities on property of Laura Banfield.

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BOARD OF ADJUSTMENT

Claudia Bristow, Chair

July 10, 2000

- >Approved revised plan for addition to Old Meeting House. Changes are necessary to accomodate lift for handicapped access to second floor.



**EAST MONTPELIER
ELEMENTARY SCHOOL**

Jan Aldrich, Chair, Lisa Rice, Cheryl Rus, Anna Saxman, Nancy Thomas

May 15, 2000

- >Hired Kathleen Mason as speech and language pathologist.

June 14, 2000

- >Accepted bid from E.F.Wall Associates to remove material from gymnasium walls and install painted Tectum panels.
- >Hired Michael Berry as second grade teacher.
- >Lee Ellen Mason has accepted position of technology person to be shared by four elementary schools and central office.
- >Carol Randall reported Fairmont Farm has been a partner with kindergarten in a dairy study.
- >Robin Gannon and Lisa Gariboldi, fourth grade teachers, have initiated project for bluebirds on school grounds.

- >Approved proposal to have all elementary schools in district start at the same time - 9:00 am.

June 22, 2000

- >Approved hiring Maureen Garber as reading teacher, and Heidemarie Heiss Holmes as the new art teacher.

U-32 JR. SR. HIGH SCHOOL

Tony Klein, Chair, and Ginny Burley, East Montpelier members

May 17, 2000

- >Ginny Burley reported there were no further candidates in the Principal search.
- >Expressed appreciation to Mike Macke for his volunteer work as Assistant Basketball Coach this winter.
- >Voted to negotiate a contract with Dot Blake for Interim Principal starting July 1, 2000.
- >Approved leave of absence request for Tom Williams.
- >Approved resignation of Paul Dayton.

June 7, 2000

- >Marta Cambra reported that middle school students, Kate Trono and Judy Gaul, were selected as outstanding students and recognized at a banquet at Norwich University.
- >Dan Boomhower discussed alumni survey of Teacher Advisor System. Ninety-nine percent of respondents gave positive feedback.
- >Voted to name the new addition "The Karen Weiss Memorial Wing".
- >Approved appointments of Paul Angell as Learning Specialist, James Caron for Middle School math, Sandie Chaloux for Driver Education and Beatrice David for Foreign Language - French.
- >Voted to appropriate funds for Harris

- Webster and Ken Riportella to attend the model U. N. Program.

June 21, 2000

- >Jon Winston gave a report on progress of the building project. A newsletter will be distributed this summer and tours will be offered.
- >Approved the bus and school schedules for the coming year.
- >Approved appointment of Noel Bryant for Middle School English position.
- >Voted to donate \$5,000 from the fund balance to the Karen Weiss Memorial Scholarship Fund.

**FOUR CORNERS SCHOOLHOUSE
ASSOCIATION**

Rachel Senechal, President

- >Reminder - the meeting time has changed from 7:30 to 7:00 pm. on the second Wednesday of the month.
- > On Rally Day at the Four Corners Schoolhouse there will be an old-fashioned whist party as this year's memory hour. Join the fun and serious card playing. There will be top score and booby prizes, of course. Stanley Christiansen, Elaine Manghi, Barbara Fitch and Marion Codling are in charge.

**EAST MONTPELIER CEMETERY
COMMISSION**

Pauli Coburn, Chair

June 8, 2000

- >The new Toro Lawn Tractor and string trimmer have been delivered.
- >Voted to allocate up to \$1500 for replacing the fence at the Tinkham Cemetery.
- >Expressed concern about the gate for the Quaker Cemetery.

EAST MONTPELIER TOWN OFFICE

Phone: 223-3313

Email: EastMont@together.net

Clerk-Treasurer - Sylvia Tosi

Asst. Clerk-Treasurer - Pauline Coburn

Asst. Clerk - Ginger Hopkins

Administrative Assistant - Marlene Betit
(W & Th 9-5)

PO Box 157, E. Montpelier, VT 05651
(Office Hours: M-Th 9-5, F 9-12 noon)

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New Owners—Maurice & Sue Cerutti

 **Graduates** 

U-32

Darcie Baker
 Nathaniel J. Bartrum
 Nicholas S. Beardsworth
 Kate Biggam
 Aaron W. Burley
 Austin A. Cate
 Ryan T. Chapell
 Peter R. Colman
 Eric Duprey
 Sarah Eaton
 Timothy Fitzsimmons
 Erik Fleming
 Jennifer C. Gannon
 Meg Anne Gardner
 Emilie Hart
 Sam Howard
 Chad Hurlburt
 Leah Johnson
 Erin L. Kelly
 Nicole M. Laperle
 Erin D. McCormack
 Mark Pauly
 Chad M. Perry
 Melissa Perry
 Sara L. Rooney
 Graham L. Rufenacht
 Megan A. Saia
 Matthew E. Thayer
 Kyle M. Fousignant
 Adoria Tudor
 Christine West
 Casey Wolf

EMES Sixth Grade

Tylor Bigras
 Erin Blosser
 Tanisha Burgos
 Scott Cerutti
 Daniella Chaloux
 Zoe Christiansen
 Nathaniel Cliche
 Stephen Connor
 Nicole Ferrada
 Erin Fitzsimmons
 Lindsay Graves
 Chelsea Hall
 Clara Hall
 Tyler Hass
 Lily Herzig
 Elisabeth Holmes
 Nicholas Ihley
 Suzannah Klein
 Michael LaClair
 Tyanna Langevin
 Blake McIntosh
 Brendan Mullikin
 Amber Mugford
 Alyssa Patterson
 Amanda Paulger
 Alicia Phillips
 Elizabeth Reynolds
 Callan Richardson
 Ashley St. Pierre
 David Slayton
 Abigail Suskin
 Krissy Thompson
 Tomasen Weinbaum
 Chelsea Welsh

A special note of thanks to all the townspeople who have expressed their appreciation of our 10th anniversary issue. We'd like to quote from Marion Codling's kind letter: "I feel, and I know others feel, that our town is several communities. The *Signpost* does an excellent job of bringing us all together as one community." Thanks, Marion.



CHURCH BELLS



OLD BRICK CHURCH

Rev. Marcheta Townsend, Pastor

Worship, Sunday School and Child Care 10:00 a.m.
 "Fall Fantasy Fair" will be held on October 14, 2000
 from 9:30 a.m. to 2:30 p.m.

OLD MEETING HOUSE

*Rev. David W. Connor and Rev. Susan Cooke Kittredge,
 Co-Pastors*

Worship, Sunday School and Child Care 9:30 a.m.

CROSSROADS CHRISTIAN CHURCH

Rev. Bob Walton

Worship and Sunday School - 9:30 a.m.

We received this poem from EMES student Sarah Lesser whose assignment in Robin Gannon's class was to write a poem and seek publication. We're happy to include it.

Mrs. Parker's Retirement

***Mrs. Parker, my favorite teacher
 of all,***

***I was in her class in second
 grade,***

It was wonderful, I had a ball.

I realize it is her choice to go.

***I still don't get why she would
 want to***

***Leave the kids, teaching, the
 school.***

Who knows?

***For as long as I live I will never
 have another favorite teacher.***

***Mrs. Parker is the best and will
 be forever!***

Now that she is going I'm sad,

Although I know she'll

remember me always,

***And knowing that makes me
 glad.***

EMES TEACHER HONORED

Robin Gannon, fourth grade teacher at EMES, was selected for the 1999 Presidential Award for Excellence in Mathematics and Science Teaching. She is one of 200 teachers nationwide to receive this award. She received a \$7,500 educational grant to be used at EMES, a Presidential citation and a trip to Washington, DC, for a series of recognition events, information exchange programs and an awards ceremony.



THANK YOU TO THESE LOYAL SUPPORTERS!

The *Signpost* welcomes contributions. Any amount would be gratefully received \$5, \$10, \$25, even \$50. Send your donation to Anne Sherman, The *Signpost*, 315 Putnam Road, East Montpelier, VT 05651-4119.

Roy and Joanne Bair

Marion Codling

Richard and Esther Hill

Conrad and Anne Ormsbee

Cynthia Tomaszewicz

Robert & Carolyn Brown

Nancy Couch

The Nist Family

Lori Pinard

(Continued from page 3)

were married. Well, she saw this brochure for **Woman Centered** and decided to call 229-6202. Boy, was she happy she did! They gave her information about looking for a job, they showed her how to write up a resume, she took classes in financial management and she's got a job! Seems to be doing real well. She even got her daughter to attend a class for teenagers in making career decisions. I think that whole family is making a nice recovery."



"Too bad they can't do something for ol' Henry," said Charlie. "You know he's got that macular degeneration, and he's slowly losing his vision. Sad thing, too. He enjoys getting out and about."

"Well, does he know about the **Vermont Association for the Blind**?" asked Bob. "They provide training and support for people who are blind or who are losing their sight. They even have adaptive equipment that helps people live active, independent lives. As for getting out, they have a bi-weekly meeting at the Barre American Legion Hall on Main Street. They have a good program and a nice lunch. They even have special meetings for new people where they help them with ways to function safely. I'll bet Henry could get a lot of help from that group. Why don't you tell him to call them at 828-5997 the next time you see him?"

"I'll just do that," said Charlie. "He even told me he wished there was some group who could help him but I didn't know about this one."

"Well, as long as you're going to see Henry," said Theresa, "why not tell him about the **Center for Independent Living**. They have a program for visually impaired people, too. And they offer help in remodeling your home so it's easier and safer to get around. They even give legal advice and help with enforcements of legal rights. My Aunt Tillie got a lot of help from those folks. They treated her real well. Tell Henry to call them at 229-0501."

"Thanks," said Charlie. "I'll pass it along to him."

"Well, since you all seem to know about these wonderful programs," said Emily, "maybe you could help my daughter Anne with her kids. You know the twins, little Timmy and Tommy, start school in Montpelier this year, but Anne has no place for them to go after school. The daycare she's been using doesn't take kids after they start school. Anybody got any ideas?"

"Has she checked into the **Family Center** at Vermont College?" asked Bertha.

"Why, I don't think she knows about it," said Emily.

"My grandson goes to their after school program," said Bertha. "They pick them up after school and walk them up to Vermont College. They have a well planned program of activities for them until the parents pick them up. The Center has also been helpful to my son's whole family. They have a number of programs to help children of all abilities- even those with special needs. Tell Anne to call them at 828-8765. I'm

sure she'll be glad she did."

"Thanks a lot," said Emily. "I feel better already, and I bet that will be a load off Anne's mind, too."

"Say, it's too bad Ginnie can't be here today," said Bonnie. "I miss her since she can't get out of the house. Anybody know how she's doing?"

"Oh, about as well as can be expected," offered Agnes. "She gets a lot of help from **Central Vermont Home Health and Hospice**, you know. She gets regular visits from their trained nurses. They're working with her doctors to provide the services she needs to make her comfortable. But, she'll never get much better. She says she wants to live out her life in her home — doesn't want to go to the hospital and have a lot of tubes stuck in her and machines hooked up to keep her alive. She'll be helped by the Hospice folks when the time comes. Her family is so thankful for those folks. They just seem to know what to do and how to do it right."

"Well, we're lucky to have those services available in our area," said Ethel. "We may all need their help someday."

"You know, I've been sitting back here rather quietly," said Don. "I think we're pretty lucky to have all the agencies and organizations you've talked about today. And don't forget that the Old Brick Church is not the only church providing wonderful services for our townspeople. The **Old Meeting House** in the Center and the **Crossroads Christian Church** off Route 14 both serve us well. All three of these churches in East Montpelier give services, including providing Christmas and Thanksgiving baskets. The Old Brick Church and Center Church make cookies for Our House, and the youth of Crossroads Christian church helped paint the Good Samaritan Haven, and clean for elderly through the Council on Aging. Why, among all these organizations and groups, we can find services for little children, for school age kids, for teenagers, for people with special problems, for people who need transportation, for people who are homebound, for our elder population and for just plain folks like us who enjoy time together."



"You know you're right," said Wally. "When you stop and think about all these groups whose only purpose is to help others, it's kind of amazing, isn't it?"

And so, the Koffee Klatch broke up — each person going off in a different direction — each thinking about what had been shared that day. But Addie Frail had the warmest feeling. For she, more than any of the others, knew how much it meant to have those services available.

This has been only an introduction to what is available. Each group has much more to offer than could possibly have been written into our story. But now you know how to reach these organizations so that you may seek the help that fills your unique need.

Written by Dave Grundy, aided and abetted by the Edit Team.

COMMITTEE MEETING CALENDAR

Selectboard	1st & 3rd Wednesday	7:00	Town Office
Planning Commission	1st & 3rd Thursday	7:00	Town Office
Zoning Board of Adjustment	2nd & 4th Monday	7:30	Town Office
Conservation Fund Advisory Comm.	2nd Thursday	7:30	Town Office
Volunteer Fire Department	Every Tuesday	7:00	Fire Station, Templeton Rd
U-32 School Board	1st & 3rd Wednesday	6:30	U-32 High School
Elementary School Board	1st Thursday	6:30	Elementary School
Recreation Board	3rd Monday	7:00	Town Office
Town Clerk's Office Hours	Mon-Thur: 9-5, Friday 9-12		Town Office
Zoning Administrator	Tuesday & Thursday	1-2:30	Town Office
Four Corners Schoolhouse Assn.	2nd Wednesday	7:00	Four Corners Schoolhouse

Meeting times are subject to change.

EVENTS CALENDAR

August 29	School Starts—EMES	9:00 am (new time)	EMES
August 31	School Starts—U-32	7:55 am (new time)	U-32
September 4	Labor Day		
September 9	Rally Day	All day	All over town
September 12	Primary Election	7:00 am to 7:00 pm	EMES
October 14	Fall Fantasy Fair	9:30 am to 2:30 pm	Brick Church

The East Montpelier Trails Committee needs workers to help with trail maintenance. Call Jamie Shanley, 223-4856

EAST MONTPELIER SIGNPOST

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